



CHENNAI COUNSELORS' FOUNDATION(Regd.)

Email: chennai.counselors@gmail.com Website: chennaicounselorsglobal.org

Dear Members,

Greetings from CCF!

We are pleased to announce our next workshop on **Drama Therapy on Saturday June 17, 2017** from **3.00pm to 6.00pm** at Nahar Hall, 47, White Road, Royapettah, Chennai - 600014.

Drama therapy is the process of systematizing the cathartic and therapeutic effects of Drama on a specific group of people with the intention of healing. It helps people cope with their mental and physical conditions.

Drama Therapy, a form of creative arts therapy, works on spontaneity, creativity and uses techniques of Drama to explore the human mind. It uses story telling, image making, personagram (sculpting an image in the human body) and role play.

Drama Therapy finds its application in hospitals, old age homes, special schools, prisons, counselling and anywhere there is a need to help people to cope with new realities.

The Half day workshop will cover the following topics:

What is Drama Therapy : Definition and practice of Drama Therapy, its application in home or clinics or schools or in counselling profession, eligibility to use Drama Therapy, Issues that can be addressed by Drama Therapy:

- Self Definition,
- Conflict : personal / group
- Marital discord: lack of Empathy /Lack of interest
- Projection and Self Image: Real Me?
- Express your Emotions ? Control your Emotions

All the above mentioned issues will be discussed and workshopped with willing participants.

Facilitator: Dr. Parasuram Ramamoorthi , Founder of "Velvi" in Madurai.

He is a poet, theatre artist and a drama therapist. He has been involved in Drama Therapy since 2003. He started using Drama therapy with the prisoners old age homes, in London. He continued in madurai prisons and MS Chellamuthu trust for inmates and Athmalayam Bangalore.

He started focusing on Autism in 2004 and has authored many articles on Drama for autism. He is the Course director of Drama for autism online course since 2008. He is the director for Art for Autism since 2006

He is the Winner of the good story 2016 by Singapore International Foundation.

He is Professor of theatre Madurai Kamaraj University and Professor at *Leverhulme* Trust, UK.



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The details of the workshop are as follows:

Date: 17th June 2017 (Saturday); 3 PM to 6 PM

Venue: Nahar Hall, Deshbandhu Plaza, Whites Road, Chennai 600 014

(The first building to your right as you move from EA mall towards Satyam Cinemas)

Registration Fee: Free for members; **Rs. 600/=** for non-members

Please confirm your presence with Dr. Vasuki Mathivanan 98407 32055 or

Ms. Rajani Nandakumar 9884418056 **ONLY** by **SMS** on or before **Thursday 15th June 2017**.

Kindly confirm your participation at the earliest without waiting for the last date! We may not be able to entertain late registrations.

Thank you for understanding.

With warm Regards,

Dr. Sumathi Narayanan

Secretary,

Chennai Counselors' Foundation



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