

## Academy of Counselors' Excellence

### **Training and Internship on Marriage, Family and Child Counseling (ACE-MFCC)**

In order to provide a bridge between theory and practice for beginners in the counseling profession, Chennai Counselors' Foundation (CCF) is conducting training and internship on Marriage, Family and Child Counseling. This is being conducted every year and this is the fifth year in succession. This is an exhaustive programme facilitated by some of the very senior professionals in the counseling field. The details of the training are as follows:

**Dates:** 2<sup>nd</sup> July to 3<sup>rd</sup> September, 2017 (10 Consecutive Sundays)

**Time:** 9.30 AM to 4.30 PM (full day sessions); **First day** registrations commence at **09:00 AM**

**Eligibility Criteria:** Minimum qualification is part time / full time / distance mode Post Graduation in Psychology or Social Work. The candidate needs to be fluent in English since the program will be conducted in English.

#### **Summary of training:**

- ✓ 60 hours of class room lecture, case discussions, role-plays, mock-sessions & Presentations
- ✓ 40 hours of internship with a senior CCF Counselor (CCF will arrange)
- ✓ 20 hours of supervised internship in a school/Hospital/ NGO (Candidate has to arrange)

**Venue:** Aavishkar's Work Space, 2nd Floor, Karpaga Vilas, 21/11, First Main Road, C I T Colony, (Above Shringaram Saree Boutique /Old Vinyasa Art Gallery), Alwarpet, Chennai 600004.

**Qualifying requirement:** All trainees will be assessed based on a continuous and comprehensive evaluation system, under which they will be graded for their performance across various dimensions including group discussions, role-plays, activity-creation for group programs, etc.

Internship Reports will also be evaluated and must be approved by the committee of experts to receive the certificate of completion.

**Fee: Rs. 19,000/- for Non-members & Rs. 18,000/- for CCF Members**

Early Bird Registration on or before June 20, 2017

**Fee: Rs. 18,000/- for Non-members & Rs. 16,500/- for CCF Members**

Pay us through Net banking/Cheque

Account Number : 06592011000505  
Account Name : Chennai Counselors' Foundation  
Bank : Oriental Bank of Commerce  
Branch : L B Road, Adyar, Chennai 600 020  
IFSC Code : ORBC0101063  
You will receive an SMS from our Treasurer Ms.  
Arthy Sriram

Send Cheque to:  
Dr. Sumathi Narayanan,  
Secretary,  
Chennai Counselors' Foundation,  
21/11, First Main Road,  
Indra Nagar,  
Adyar,  
Chennai 600 020.

**Send the Acknowledgement PDF of NEFT to [chennai.counselors@gmail.com](mailto:chennai.counselors@gmail.com)**

For Registrations contact Uma. M – 98407 30530 /  
Arthy Sriram 96000 89550 /[chennai.counselors@gmail.com](mailto:chennai.counselors@gmail.com)

**Last Date for Registration: 25<sup>th</sup> June 2016**

**Lunch and Tea will be provided by us**  
**Academy of Counselors' Excellence - Curriculum**

**1. Fundamental Approaches - Counseling Skills and Techniques**

- ✓ Communication
- ✓ Listening Skills and rapport building
- ✓ Art of encouragement
- ✓ Disciplining
- ✓ Birth order
- ✓ Goals of Misbehaviour
- ✓ Art of Parenting

**2. Child and Adolescent Counseling-1**

- ✓ Techniques in rapport building and interviewing children'
- ✓ Family sessions with parents and children for problem solving

**3. Child and Adolescent Counseling-2**

- ✓ Developmental Psychology of Children with mock sessions

**4. Child and Adolescent Counseling-3**

- ✓ Building Self-Esteem, Peer Influence, Lack of Confidence
- ✓ Self Management – Time Management, Decision Making
- ✓ Goal setting, conflict management
- ✓ Priority setting
- ✓ Cause and consequences of adventure seeking

**5. Psychopathology for Counselors and Early Childhood disorders**

**6. Positive Psychology**

- ✓ Cognitive Behavioural Therapy
- ✓ Rational Emotive Therapy
- ✓ Neuro Linguistic Programming
- ✓ Gestalt

**7. Relationship Counseling**

- ✓ Pre-marital Counseling
- ✓ Family of origin, Family of inheritance
- ✓ Role concept
- ✓ Preparedness for marriage
- ✓ Values, attitudes, beliefs
- ✓ Effective Communication, Team work
- ✓ Expectations, conflict management, problem solving
- ✓ Marital Counseling, 4 Cs in marriage

**8. Sexuality Education**

- ✓ Sex education
- ✓ Importance of sex education
- ✓ Sexual preferences
- ✓ Guiding parents

**9. Others**

- ✓ Documentation in practice
- ✓ Ethics overview
- ✓ Suicide Prevention

**10. Examination**

All the above sessions will have theory sessions and practicum.

